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Hawley retainer before and after

Retainers are the most effective methods of ensuring teeth stay in their original place after braces have been removed by an orthodontist. At OrthoMax™ we have a wide range of retainers to meet all of our patient’s specific needs. If you have already completed brace treatment you must then wear retainers to maintain your teeth in their final position. There are several different types of retainers we have available. Below you will find the retainers we have available along with information about each retainer. Fixed retainers are a notably valuable method of ensuring teeth remains in place following the removal of braces. Fixed retainers are discreet as they consist of a metallic wire bonded to the back of the front six teeth. They can be bonded to the upper or lower teeth or to both arches. During the process, the retainer is bonded to the back of patient’s front six teeth using white fillings and this keeps those six teeth in their final position. What are the benefits and risks of fixed retainers? Fixed retainers are always in place and so patients do not need to worry about forgetting to wear them one night. In addition, fixed retainers assist in stabilizing mobile teeth, as well as reducing the risk of a relapse in heavily rotated teeth. On the negative side, fixed retainers only fix the front six teeth and can’t stop the premolars and molars from moving. Also fixed retainers can create oral hygiene problems as flossing the front teeth will be more difficult. Finally, fixed retainers can change the bite as the retainers white fillings can touch the tips of the lower teeth. Patients hoping to improve the appearance of their smile using cosmetic dentistry could be well suited to receive the Hawley retainer, which is a removable fixture created from plastic and stainless steel wire. This method of retention is commonly used after the removal of a fixed brace, which can be provided as a form of follow-up treatment. Patients will see the best results from this treatment if they wear the retainer for the majority of the day for three months after their initial brace is removed. Following this, wearing the retainer at night time will ensure the newly corrected teeth remain in place. Orthodontists normally recommend wearing the Hawley fixture for a few years following the end of orthodontic treatment time, with many practitioners believing the best results will be achieved if the accessory is worn until a patient’s facial growth has ceased. How to take care of a Hawley Retainer? A simple method of using a toothbrush and soap to clean the Hawley retainer should ensure it maintains its clean appearance. Some ingredients found in regular toothpaste can damage the plastic used to create the feature; however, proprietary cleaning agents are available to purchase. Wearing the Hawley retainer is vital for patients who have recently had their braces removed, as the teeth will almost certainly return to their crooked position if not worn. If a patient loses the appliance at any period during treatment time, they should contact their dentist for a replacement immediately. Viverra retainers were invented by Invisalign to provide retention after orthodontic treatment. Viverra retainers are similar in shape and color to Essix retainers however they are manufactured in a more accurate fashion making Viverra retainers extremely well fitting retainers. Designed using the same technology as Invisalign, the procedure is set to result in a smooth and comfortable fit to ensure partial pain or discomfort for individuals. This technology is provided for members of the public in a series of three sets of upper and lower Viverra retainers to ensure the best possible results in maintaining the position of teeth following the removal of braces. The retention regime for Viverra retainers is same as Essix retainers. The advantage of having three sets of Viverra retainers is that, patients do not have to rush back to the dental clinic, should one retainer break or if the retainer is lost. The Essix retainer is created using a clear thermoplastic mold, which is intended to be used after the completion of orthodontic treatment. This removable almost invisible retainer is designed to provide support to the teeth in an attempt to prevent them from moving out of their desired position after the removal of braces. The Essix retainer is less obtrusive and more aesthetically pleasing than alternative Hawley retainers due to its natural-looking appearance. In addition, the lack of wires makes the fixture even less noticeable, which could be ideal for individuals who are worried about the stigma attached to wearing the Hawley retainer. The advantage of Essix retainers over Fixed retainers is that Essix retainers retain every tooth in the mouth and not just the front six teeth. The retaining rule for Essix retainers is usually: Full time wear (20-22 hours a day) for the first four months after brace treatment. Night time wear (12 hours a night) for the following 12 months. Alternative night time wear (12 hours a night) thereafter. Patients are recommended to have their Essix retainer checked by their orthodontist during regular check-up appointments as from time to time, these retainers will wear down and need to be replaced. Don't Settle For Less... OrthoMax ® Other Providers Licensed Orthodontists Affordable Treatment No Credit Check Cutting Edge Technology Hundreds of Cases Over 45 Years Experience All Insurances Accepted Cost of Retainers Fixed Reatainer (Upper or Lower) \$295 each Fixed Reatiners (Upper and Lower)(\$495 both (reg. \$600) Hawley Retainer (Upper or Lower) \$295 each Hawley Retainers (Upper and Lower) \$495 (reg. \$600) Viverra/Invisalign Retainer (Upper or Lower) \$395 each (Includes 2) Viverra/Invisalign Retainers (Upper and Lower) \$875 (Includes 2 sets) Essix Clear Retainer (Upper or Lower) \$295 both (reg. \$600) Essix Clear Retainer (Upper and Lower) \$495 (Includes * Some patients may need additional dental procedures prior to straightening teeth, such as tooth extraction or tooth reshaping. Some patients may need adjunct orthodontic appliances added to their Invisalign treatment in the event Invisalign alone cannot work to correct the orthodontic problem. These adjunct appliances include but are not limited to auxiliary buttons or attachments, rubber bands, expanders, lingual braces, bonded retainers, etc. These procedures may not be included in the above treatment fees and can only be determined after a complimentary consultation. We invite you to call us at our office. If you would like to contact us through email, please fill in the form below. OrthoMax ® 1920 E 17th Street, Suite 120, Santa Ana, CA 92705 The most common type of retainer, Hawley retainers are removable appliances that consist of wires, clasps and a thick plastic body that covers the roof of your mouth. The metal clasps grip your teeth, maintaining their proper alignment and protecting your beautiful new smile. At 360 Orthodontics, our Hawley retainers can be customized in a variety of fun designs and colorful hues, making them an exciting part of your orthodontic treatment. Hawley retainers are beneficial for a number of reasons. To begin, they are adjustable so Dr. Partovi can make refinements to ensure your teeth have the support they need. In addition, if the retainer gets damaged, it can easily be repaired – rather than replaced. And finally, as with all removable retainers, many patients appreciate the fact that they can remove the appliance when they need to eat and brush and floss their teeth, ensuring optimal oral hygiene.The primary disadvantage of the Hawley retainer is that it is noticeable when you’re wearing it. However, it can be an excellent choice for adults and teens who don’t mind its visible appearance.How to care for your Hawley retainerDon't lose it! This is the most important part of retainer care, as retainers can be expensive to replace. Plus, you can't wear your retainer if you've lost it, and that may allow your teeth to shift. When you're not wearing your retainer, keep it in its case!Wear your retainer full-time. In the first two months after your orthodontic treatment, you should wear your retainer full-time, only taking it out to eat, drink, swim and play sports. Wearing your retainer as often as possible will ensure your new smile is maintained. After two months, Dr. Portovi may recommend you wear them at night only.Remove your retainer while eating and drinking. To keep your retainer in perfect shape, refrain from eating or drinking while wearing it.Denture cleansing solution daily. Your retainer can accumulate food particles and bacteria, so make sure you clean it daily with a toothbrush.Brush your teeth after each meal. If you put your retainer in an unclean mouth, food particles may get trapped.Avoid this by brushing your teeth after every single meal. With removable retainers like the Hawley retainer, many patients are tempted to avoid wearing the appliance when it may be inconvenient. However, this is a big mistake, because wearing your retainer is one of the most important aspects of your orthodontic treatment. Once your braces are removed, the teeth naturally want to shift back to their original positions within the jaw. If they are allowed to do so, the beautiful new smile we created with your orthodontic treatment will be undone. Wearing your retainer properly prevents this from happening – ensuring your teeth remain straight and healthy for a lifetime. Dr. Partovi can correct virtually any case of crooked, protruding or misaligned teeth, restoring a beautiful and healthy smile you're proud to show off. Please take a moment to view our before and after gallery, to see for yourself the dramatic results you can expect to achieve when you wear Hawley retainers with Dr. Partovi.VIEW GALLERY If you're ready to give yourself, your child or your teen the gift of beautiful, straight and healthy teeth, we invite you to schedule a private consultation with Dr. Partovi today. During that meeting, she will carefully evaluate your teeth, mouth and gums, before composing a custom treatment plan designed to create the megawatt smile you deserve. Schedule A Free Consultation A graduate of the esteemed New York University College of Dentistry, Dr. Mahtab Partovi is a respected orthodontic specialist offering the full range of braces to her Los Angeles patients, including traditional metal, Invisalign, self-ligating and lingual. Having expertly corrected crooked teeth for thousands of individuals over the years, Dr. Partovi is among the most qualified orthodontists available to help you achieve the beautiful and healthy smile you've always wanted.Beyond her impressive technical expertise and years of experience, Dr. Partovi is also known for her dedication to personalized care. She is always available to her patients – not only to guide you through your family's braces journey, but also to make sure you're thriving in all areas of your life. Whether you need college and career advice, a letter of recommendation, a physician referral or a great vegetarian recipe, Dr. Partovi is there for you because she genuinely cares about the overall wellbeing of her patients. In fact, it's her compassionate nature and commitment to her patients that have earned her a reputation as one of the best orthodontists Los Angeles has to offer.LEARN MORE Medically Reviewed by: Dr. Oleg Drut, Diamond Braces Orthodontist & Chief Clinical Officer A Hawley retainer is one form of orthodontic retainer, which uses a combination of a hard plastic or acrylic plate connected by a thin metal wire. The retainer is molded to your mouth to fit comfortably on the roof of your mouth, with the wire settled against the front of your top teeth. The retainer protects the results of your orthodontic care, and prevents your teeth from sliding back into their previous positions. The Hawley retainer must be worn nightly for life, so your healthy smile is maintained for as long as possible. It can be used after treatment with braces or clear aligners like Invisalign. Hawley retainers are the original retention device, but new designs are emerged in the last few decades, including removable clear plastic retainers such as Essix and Viverra retainers. While clear retainers are becoming more popular, the Hawley retainer continues to be one of the most common and effective retention devices used by orthodontists and preferred by patients. According to a recent study from the National Institute of Health, Hawley retainers were preferred by 90% of orthodontists for use with a maxillary dental arch. A Hawley retainer is easy to use, comfortable to wear, and extremely effective at protecting the results of your smile, as long as it used as directed. Easy to mold to the patient's mouth Adjustable over time if necessary Plate color can be custom-selected for personalized appearance Sturdy materials are durable and difficult to damage Easy to clean Removable for easy cleaning and care No food restrictions: remove the retainer for all meals and drinking More noticeable than other retainers (wire sits in the front) Plastic plate can be uncomfortable Bulkier appliance may cause irritation to lips, gums, or tongue If not cleaned properly, bacteria may grow If not worn properly and regularly, teeth may shift Requires dedicated compliance Removable appliances can be broken, lost, or damaged For these reasons, some patients may prefer another form of retainer.A Hawley retainer generally costs between \$350 and \$600. The costs vary depending on your orthodontist provider, the region where you're being treated, and the specifics of your case. The price includes the cost necessary to send molds to a production facility and to have the retainer designed for your mouth and sent back to the office. Generally, Hawley retainers cost more than clear plastic Essix retainers, but a single Hawley retainer is designed to last many years, longer than plastic Essix retainers.The cost of your Hawley retainer may be included in the overall price of your orthodontic care. In addition, patients whose insurance covers their braces treatment may have the retainer covered as well.A replacement Hawley retainer is likely the same price as the original retainer, around \$350-\$600. You may also have to pay extra for the office visit to be fitted for the new retainer. Hawley retainers come in a huge variety of colors, and can even be printed with fun designs like watermelon, tie-dye, or stars-and-stripes. The colorful part of the retainer is the hard plastic or acrylic plate that sits on the roof of the mouth, which is connected to metal wires that keep the retainer snugly in place. The acrylic or plastic material can be cast in nearly any color, allowing you lots of customizable choice to make your retainer your own. Because the retainer sits high on the roof of the mouth, it's entirely hidden behind the teeth: that means you can choose a bright and fun color for your retainer without worrying that anyone will see it. To avoid discoloration, avoid a very light color like white or gray: bright jewel tones like red and blue will stay in good condition for a very long time. If your retainer breaks, the plate will have to be re-cast, and you will have the option to select a new color or design. Choose your favorite color or your favorite season to inspire your color choices; your orthodontist's office may also offer an array of designs you can choose from, like flowers, cats, or sports equipment. Ask your orthodontist which options that have for Hawley retainer colors and designs. How Do I Clean My Hawley Retainer? In order for the Hawley retainer to work effectively, it is very important to keep it clean and stored properly when not in use. Wear your Hawley retainer every night, and clean it thoroughly before storing in the case during the day. To clean, remove from your mouth, and brush the entire surface gently with a toothbrush and warm water. Don't use toothpaste: it can damage the plastic in the retainer. For an occasional deeper clean, you can also soak the retainer in baking soda and water for several hours. Don't do this every night – it can damage the metal wire over time – but soaking the retainer overnight once or twice a month will provide a thorough overall cleaning of the appliance. You can also soak the storage case to prevent bacterial growth. Be sure to rinse your retainer with water before placing back in your mouth or in the storage case; do the same for the storage case. Can a Hawley Retainer Move Teeth? A Hawley retainer is not designed to move teeth. Rather, it is worn to protect the gains made by your orthodontic care, either with braces or clear aligners. Without a retainer, your teeth will naturally start to shift back to their original positions, so wearing a retainer regularly will stop this shifting and keep your healthy bite and beautiful smile in place. While some minor shifting is normal as your teeth settle into place, regular retainer use will prevent your teeth from shifting out of alignment and requiring future treatment. If you have neglected wearing your retainer and your teeth have shifted, wearing the retainer will not move your teeth back into their proper positions. You may need another round of orthodontic care to address the shifting that has taken place. To avoid the expense, hassle, and time of second-round orthodontic care, prevent dental drift by wearing your Hawley retainer every night. Hawley Retainer vs Clear Retainer Which retainer is right for you depends on your preferences or needs. Both Hawley retainers and clear retainers are effective ways to protect the effects of your orthodontic treatment: in fact, a recent NIH study found they provided the same amount of effectiveness on average in retaining the gains of orthodontic care. Material How Long Lasting Cost Effect- iveness Noticeability Pros Cons Hawley Retainer Metal and acrylic or hard plastic 5-10 years or more \$350-\$600 for a set Highly effective High Sturdy materials and durable design: built to last years Simpler to adjust and repair Many color options for personalized design Removable design No food restrictions because appliance is removed Easy to clean and soak Long lasting design is cost-effective over time Wires or plastic may cause irritation to gums, lips, or tongue More visible: metal wires go across the front teeth Bulkier appliance may cause speech impediments Clear removable retainers Transparent, flexible plastic 1-5 years \$150-\$300 for a set Highly effective Low Clear retainers are subtle and nearly invisible No issues with food getting stuck in retainer Easy to clean Easy to copy and make several sets at once Secure, comprehensive snug fit provides effectiveness at retaining orthodontic results More difficult to repair if damaged - more likely to need replacement May need to be replaced every year or if teeth shift Can cause extra saliva production Bacteria can grow on retainers if not cleaned How Long to Wear a Hawley Retainer? Retainers are “nighttime for a lifetime”: you'll wear them more regularly in the first year, but eventually, your orthodontist will instruct you to wear your retainer every night or every few nights for as long as you can – ideally, forever. This will keep your teeth in their appropriate positions, and prevent them from shifting back to their old, improper alignment. For the first year after completing your orthodontic treatment, you'll wear your Hawley retainer full time, day and night, removing for meals and to brush your teeth and clean the retainer. This is an important period of the retention phase where your teeth are adjusting to having your braces removed, but still require support to keep from shifting. After about a year, you'll be able to switch to wearing the retainers just at night for another year or so. Once this process has been completed, you can wear your retainers every other night, forever. Do Hawley Retainers Break Easily? Hawley retainers are durable and designed to be sturdy in your mouth. However, accidents happen and the retainers often break – that's why it's important to care for your retainer properly, storing it in a case when you take it out so it does not get lost or broken – or eaten by the dog, which is a very common problem with Hawley retainers! How Long Does a Hawley Retainer Last? Hawley retainers are sturdy and designed to last for years: they are built to last multiple years. It's important to care for your retainer properly, to prevent it from getting broken, lost, or dirty. Even a well-maintained retainer will need to be replaced, however: after several years, you should visit the orthodontist to get a new Hawley retainer. How Comfortable Are Hawley Retainers? Most people find Hawley retainers to be comfortable and easy to wear, especially since they are worn only at night after the first year, when they should be worn full-time. However, the appliance is somewhat bulkier than clear plastic retainers, and some patients find this uncomfortable: the plastic plate can irritate the roof of the mouth, or the connecting wire may poke the lips or gums. For certain patients, clear Essix retainers or a permanent bonded retainer may be more comfortable. Can a Hawley Retainer Correct Overbite? No, retainers are not meant to correct any orthodontic issue, including overbites. Rather, they are used after treatment with braces or clear aligners to keep the results of treatment in place and prevent the teeth from shifting back. If you have a dental issue like an overbite, it will require orthodontist-supervised treatment to correct, followed by a retainer. Can I Eat with a Hawley Retainer? Remove the Hawley retainer and store properly before eating. Food can get trapped in the retainer, causing plaque to build up or damage to the device. Store your retainer in the case provided, not in a napkin, and be sure to rinse your mouth and retainer before putting it back in. When the retainer is out of your mouth, you can eat and drink anything you like: there are no food restrictions with a Hawley retainer. Can I Drink with a Hawley Retainer? You can drink water with a Hawley retainer in, but if you drink anything else you should remove the retainer. Store it properly so it doesn't get broken or lost, and rinse your mouth and retainer before putting it back in.

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