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Classroom discipline examples

17. Is it hard to make them understand that your class rules are non-negotiable? Remember that "positive" doesn't mean good, and "negative" doesn't mean good, and "negative" doesn't mean bad in this case. Welcome to the power of eye contact. Positive Discipline Tools for Teachers: Effective Classroom Management for Social, Emotional, and Academic Success. United States: Harmony Books, 2017. 3) Adding rules Who likes extra rules? And the best part is...you never have to say a word! This may seem pretty obvious, but eye contact is one of the school. Listen to the teacher when being spoken to and answer the question. It's important to note that any punishment that involves a change of routine may not be appropriate for neurodivergent students. Use words that are easy to understand so students do not get confused or misinterpret rules on their own. These are some classic tasks doled out by teachers as punishments. Do your best work each day, regardless of how much time is left in class. Using this effectively in the classroom is no different. Read on to learn more about the psychology behind positive punishment, and some practical examples you can use in your classroom. Therefore, finding appropriate ways to rectify misbehavior without losing valuable learning time is the goal of every teacher. Here are just a few: Establishing rules in your class will create an environment of respect where students know what to expect from you and vice versa. 3. Once you have established this type of classroom, you will see that most problems can be solved without needing consequences because they will be minimal in the first place. Remember that it takes a lot of time and patience to get through this process, so do not get frustrated if there are still problems from time to time. 12. If you do not want to have a rigid list of rules, that is perfectly fine. Everyone heard and saw what happened, and I was so embarrassed. You can use SplashLearn to get insights into how your students are performing as a whole as well as individual students so you can understand where they need the most work. Parents, try for free Teachers, use for free Well, there are many reasons why you should have classroom rules. 16. After setting up your list of rules, communicate them to your students clearly and often. An alternative may look like conversation and problem-solving rather than a direct, corrective action. United States: Alexandria, VA: ASCD, 2015. Because of this, you must have a plan for how your class will handle emergencies before they happens of this, you must have a plan for how your class will handle emergencies before they happens. For example, some teachers might say that their most important rule is "raise your hand before speaking." In our opinion, this would be beneficial for students who have trouble staying focused or might not know when it is their turn to speak in class. Sometimes the number of pros does not outweigh the number of cons. For example, if a student does not follow nonverbal cues like raising their hand or staying quiet during class discussions, that is the behavior that needs to be addressed. Nobody likes being punished. Clean up your desk and dispose of trash properly after lunch. 18. Follow all classroom procedures and routines without reminders. Lastly, make sure to follow through with the consequences you make known ahead of time! We all know that too many cooks in the kitchen spoil the broth. 6. Tell the truth! 25. That is when you add my next favorite non-verbal communication technique in teaching...proximity. As much as we don't want to admit it, we all experience classroom discipline issues. Villains in action movies usually speak low and slow. Refrain from interrupting the class during instruction or group activities. Do I think this was a little harsh for a seven year old? An overview of the period will help keep your students on track and increase their engagement in what is being taught. With effective classroom rules, you can benefit both your students and yourself. You can even give tokens throughout the day to those who behave well, which will turn into credits at the end and can be used for special privileges like a student of the day, going to recess early, or choosing their own seat. But it was no doubt effective. Modern Approach To Classroom Discipline And Management: Prevention And Intervention Strategies For Students With Behavioral Problems. They should be age-appropriate, so if you are teaching elementary school students then using complex phrases or words that might go over their heads is not recommended. Related Reading: Ways to Implement Restorative Practices in the Classroom Your students will notice if you are using exactly the same set of rules with other classes or teachers, so it is best to make them personal to your own teaching philosophy. But what if you've cleared your throat, attempted to make eye contact, and shaken your head, but the kid is still off-task? In fact, you'll quickly learn it's something students when they know what comes next. Respect each other's ideas and opinions even if you disagree with them. 5) Detention Detention - a classic. This type of punishment is particularly effective when it's directly related to the unwanted behavior. For disadvantaged students who have to work after school to help support their families, or students who rely on tutoring or other after school activities to help them get by, assigning detention can do more harm than good. Further Reading Nelson, Jane., and Gfroerer, Kelly. However, this might not fit every type of level or age of the student. 14. Ask for help if you do not understand something the teacher just said, and be respectful while asking for it. 13. A student has been sloppy with their homework assignments. You can refer to them as your "classroom guidelines" or "classroom policies." Regardless of what words you choose, make sure that your students are aware of what these are. If you're not comfortable yelling, there are other approaches that are just as effective: Use a disappointed tone. I don't say a word to them because I don't need to. Positive punishment is adding something to a consequence, like extra homework or a timeout. And there you have it, 30 classroom rules that are sure to keep your students engaged and productive in class! You may find that some of the rules apply only to specific subjects or grade levels. Having too many rules can have the opposite effect, so it is best to keep it simple. 19. They will not be wandering around or looking for directions on how to spend their study time. If you notice a child is misbehaving or simply off-task, look them right in the eye and raise your eyebrows. When the student figures out that you are headed toward them, many times they will correct their own behavior. The student is then assigned extra homework that will be graded, or perhaps signed by a parent. Learning how to handle classroom discipline issues will be a lifelong process. It can be helpful to think of it as "plus" (adding something) and "minus" (taking something away). Teachers who can get their student's attention quickly without saying too much usually have fewer rules. I never did anything to cross that teacher again. Maintain positive behavior towards classmates and teachers at all times. Using positive discipline techniques can help teachers overcome the many challenges in the classroom and help students learn and make better choices in the future. The more prepared you are ahead of time, the more effective you will be during an emergency. 4) Removing the student from the classroom When I was in the second grade, my teacher gave us an assignment where we were allowed to spread out anywhere in the classroom. 2. Here are some tried and true positive punishments you can implement. 8. Address any disruptive behavior immediately and respectfully. Do not leave your seat without permission. Depending on what kind of class this is, it can be challenging to have suitable rules for every student. Here's a helpful guide from the Child Mind Institute. A student is chewing gum in class when it's against the rules. By introducing these preventative discipline techniques into your daily routine, you will find your instructional time increasing and the disciplinary issues decreasing! Classroom management and discipline is an essential part of our job as educators. For some students, feeling as if they haven't lived up to their teacher's expectations is humbling, and often feels much worse than being yelled at. There is such a thing as too strict. Better than Carrots or Sticks: Restorative Practices for Positive Classroom Management. To take this one step farther, place your hand on a child's desk. 7. Despite the name, "positive" in this case is not something pleasant. Having someone in a position of authority, in this case your teacher, raise their voice at you is not a pleasant experience. Their behavior going forward has been modified by the consequence of their actions. Then I hold out my hand and let them place the item in my hand. Instead of worrying about your class rules, focus on how you will deal with breaking them. The next step is to make them clear, especially if you are coming up with a list of more than one rule. Keep your language clean and appropriate for the classroom setting. A direct positive punishment is asking her to clean up the mess she made. Remember, positive punishment is most effective when there's a clear correlation between the unwanted behavior and the resulting consequence. If you have a child who is oblivious to your eye contact because they are engrossed in some type of off-task behavior, adding the slightest throat-clearing sound along with a very solemn expression will typically get their attention. Work quietly during independent study time to avoid disturbing others. Watch your kids fall in love with math & reading through our scientifically designed curriculum. Additional rules will not only help the student correct their behavior, they will act as a reminder of what happens when you act out. Many teachers wonder how exactly they should keep their students in line when it comes to following classroom rules, so here are some effective methods. I got distracted by an open backpack and reached in when I saw some intriguing gel pens... And oh boy was I reprimanded. If there are consequences for not following the rules, students are less likely to act out in class. The same is true when it comes to classroom rules. Smith, Dominique. As you're looking around the room and keeping the students' attention, you're getting closer and closer to the offender's desk. We suggest that you allow the students to have a part in making the rules. When that happens, everyone feels as if they have a stake in what is happening and that things are fair for all. 22. Everyone adheres to different expectations, so do not force yourself into a specific model. And that is why it is so important to implement new classroom discipline ideas that provide solutions and do not humiliate. If you can't catch their eyes or you're dealing with a child who intentionally ignores you, simply begin walking toward them. Regular communication with parents about their child's behavior and progress helps create a consistent environment between school and home. Raise your hand if you have a question and wait to be called on. These guidelines help maintain a respectful and efficient learning environment. You will see your students more engaged when they know what is expected of them. Lower your voice. No student wants to lose his or her free time in exchange for more school. If you have trouble coming up with enough rules, focus more on behaviors instead of actions. And if you do not respect them yourself, they might not be very effective. You can even use them right away if you know your students will be different and need an adjustment period. If you have any additional rules, let us know, and we might add them to the list! Related Reading: Best Classroom Management Tools Kids are easy to please, and science proves it! So many factors come into play when making rules meaningful to students. Now that you know the benefits of having classroom rules let's look at some of them. Everybody likes to be in control of their day. Remember, the kids who tend to be disciplinary "repeat offenders" are typically the ones in desperate need of love and attention. It creates boundaries and clarifies that the classroom is not a place for anarchy or chaos. Many of the esson. 21. You can easily plan out a class period, considering all the activities you have prepared and how long each one will take. Feel free to modify the rules that do not apply in your classroom. Some years, disciplinary problems are relatively nonexistent, but other years these hurdles seem insurmountable. You're not alone! Luckily, there's a solution. This can take place in front of the class or behind closed doors. 5. I'm not saying you're the villain here - but you can certainly add an element of faux danger to a situation! Verbal reprimand. Listen to what the teacher says and follow directions carefully. Just make sure you use detention wisely. No one should ever be made to feel bad about who they are. Math & ELA | PreK To Grade 5 Kids see fun. When a student is misbehaving, remove them from the situation and place them in an area where they can decompress. The key to being effective with classroom rules is to have a system that works for you and your student is then made to scrape old gum off the bottom of the desks in the classroom. For example, when a student is talking out of turns and making it difficult to hear whoever is supposed to be speaking, I'll assign them a task to occupy them. Another one of my favorite classroom discipline ideas is simply proximity. My favorite part is you never have to stop teaching to invoke this technique. 23. With that many different people and personalities in one space, some problems are bound to happen. To really understand how positive punishment works, you'll need a quick lesson on B.F. Skinner's theory of operant conditioning. It is best to consider all of the above and then create a list that works for you! That all depends on what you are trying to accomplish as a teacher. When students violate the classroom rules, you should address them by giving them a consequence appropriate for their actions. This is just one more non-verbal deterrent to resolve discipline issues that might arise. We have compiled a list of 30 basic classroom rules for your consideration. Talk with your students about the rules before starting class, and have them help you develop ways for problem-solving. Remember to keep things balanced by not letting the rules become too much of a focus for your students during class time. Negative punishment is taking something away, like a favorite toy or screen time. You can limit rule-breakers by enforcing consequences as outlined in the rules. A personal scolding is something a student will definitely remember. It is equally essential to provide positive praise when they are following through with necessary actions or behaving well. Respect everyone in the class. You can designate an area in your classroom for this - your students will want to avoid it at all costs! It's worth keeping in mind that many students "act out" when they're overstimulated and a time out is just the thing to give them time to re-set and get back on track. In the end, no one can say for sure how many rules you should have in your classroom. 15. Discover three easy to implement classroom discipline ideas that will discourage negative behavior and will resolve issues. They need to know that the rules are not there to make their lives more complicated but to help them succeed in class and beyond. If they did not follow one of your classroom discipline rules, just explain why and what the rule is in general so they understand it better. 11. If you click & make a purchase, I receive a commission at no additional cost to you! Thanks! As an Amazon Associate, I earn from qualifying purchases. If a student writes on the bathroom wall, you might have them clean the entire stall. You can always start with a list of rules from another teacher to use as a base, but make them your own by adding or removing certain ones along the way. Having physical copies in several places, like on the front or blackboard, at their desks, or in a binder will make them easily accessible. If I notice they've gotten back on task as I get to their desk, I don't even acknowledge the infraction. When in doubt, picking ones that are familiar to them, like "raise your hand before speaking" or "come to class prepared for lecture," will be helpful. As a teacher with an entire classroom to manage, you'll eventually find yourself in a position where a student's behavior needs correcting. I still remember it clearly decades later. My teacher not only raised her voice to scold me, she sent me across the hall to sit in another teacher's classroom. From day one, it is important to maintain a positive classroom environment where your students feel safe and comfortable so they do not want to act out as much as possible. 10. You can still have a positive class culture by being flexible with the guidelines and focusing more on students' behavior rather than their actions. Think about it like this...when you were growing up in church, did you ever receive the "stink eye" from one of your parents because you were talking or giggling? This can be passing out pencils, collecting worksheets, acting as line leader, etc - whatever I could use help with in that moment! Practical examples you can use in the classroom Unsure where to start? In addition, teachers should consider what their school expects from them regarding rules. These tried, tested, and evidence-based strategies may work for the majority of classrooms, but your wisdom and experience is crucial in selecting the most appropriate and effective strategies to implement. Let's dive in! 1. Do your students struggle with following rules? At its core, positive punishment is a form of behavior modification. Generally, this solves the problem and we continue on with the lesson. Which is the ultimate goal! Unfortunately, discipline issues arise in every classroom. It's also a great way to get the necessary attention quickly. Do not eat or drink in class (except for water). 1) Adjusting the volume and tone of your voice This is probably the method we're all most familiar with. I just keep walking right past that desk and around the room as though that was my intention all along. Consider a child unknowingly touching a hot stove. Creating these rules can be tough, but we have the tips and tricks to make it easier. 9. If you are the teacher, then it is your goal to gain your students' trust so that they listen to you when you need them to. This is a positive punishment that can be easily combined with others - for example, extra homework or cleaning the classroom. Read my full disclosure here. When a student acts out in an unacceptable manner, they're showing you that they can't take responsibility for their own actions. Each year will present new challenges. Related Reading: Best Classroom Management Strategies for An Orderly Class Now that we've covered why class rules are essential let's talk about how to create them. Having class rules of communication open, you will be able to resolve issues as they happen, so you do not need to punish anyone. You know your students best, so be sure to make an informed decision when it comes to an effective way to correct unwanted behavior in a classroom, but as educators we know that every class and every student is unique. A well-managed and disciplined classroom leads to increased student engagement, achievement, and overall success. Do not cheat or copy other people's work. Collaborate with kindness and respect. This is the universal sign for "I see you, and now you know that I see you...so you had better get it together." Also, you can slowly shake your head "no" as a reminder to stop. Keep a copy of them where all of your students can see and post reminders around the classroom that they can refer to. Report any issues or conflicts to the teacher immediately instead of trying to handle them on your own. Now let's learn how to create your own set of rules that work best for you and your students. However, these classroom discipline ideas will make the biggest difference in starting the school year in total upheaval versus one in complete control. Raise your hand to speak or volunteer. 27. Felix, Edwin Earl. Though it may seem daunting, applying these rules often results in less stress for teachers. You can also create a presentation or handout with examples of the rules in specific situations so students know how to react. They get burned, and instantly learn that is something they should never do again. This post contains affiliate links. It can create a hostile environment in your classroom when these general classroom rules are not taken seriously by you or your students. From simple rules like "raise your hand before speaking" to complex concepts like teaching students how their brains work, these principles can lead to higher success in school. 28. Keep your hands, feet, and objects to yourself. How I use positive punishment in the classroom When I'm managing a group of students, I like to implement positive punishments that work less like a punishment and more like a distraction. If you are working with students who have trouble keeping their focus, that might be one of your most important rules. Having a student stay back after the school day ends or during their lunchtime gives them time to reflect on their actions, and consider why it wasn't worth doing in the first place. Sure. As soon as your eyes met theirs, you knew you'd better shut up or you were getting your butt torn off. Make changes to improve them along the way instead of waiting until the end of the semester or school year. It is imperative that you are consistent with enforcing your rules and rewarding good behavior if you want them both to work well within your students know that you say goes and will be enforced. Second, never say something that you don't mean. There are many ways to address poor behavior and discipline students need to know that these are not just quidelines but actual expectations they must abide by. If I notice a student is playing with something in their desk, I silently walk over to them. Complete all assignments. For example: A student acts out by throwing her papers into the air, scattering them all over the floor. If you do, your students will quickly learn to ignore you when needed. Here are some simple steps you can take to get started: Before anything else, you need to decide what words you will use when talking about the rules. This involvement ensures that students understand the importance of following rules and encourages positive behavior both in and out of the classroom. 4. Ensure they are easily accessible and available for your students so they can refer to them when necessary. For example, if your student is running in the hall and causing a dangerous situation, you may send them back to where they began and have them walk to their destination extra slowly. There is no one-size-fits-all approach; depending on your teaching style and what you want to accomplish in class, they can be either strict or flexible, 29, 26. Be on time for every assignment or test (except for medical or other emergencies). 6) Time out A favorite of parents and teachers alike. Respect the school property. Regarding class rules, repetition is vital to reinforce them with your students. Follow the classroom seating arrangement and stay in your assigned seat unless instructed otherwise. What is positive punishment? If you already have behavior issues in your classroom, no rule will help you unless you make significant changes to how your students perceive and understand the purpose of the common school rules. The 5 P's classroom rules are: Be Prompt, Be Productive, and Be Positive. 2) Assigning an unpleasant task Some throwbacks here: remember having to write lines or clean the chalkboard? Having flexible class rules will make your students find that the students do not need as many consequences because they are already doing well! Make sure to compliment good behavior when you see it or hear about it, but avoid saying negative things about bad behavior since that might make them think acting out is okay. In addition, they will feel as if their opinion is heard and valued by you as an educator. 30. It all depends on how well they work for your specific students. Learn the definition of classroom discipline and explore some systems and techniques to ensure a safe... Classroom rules are a great way to manage behavior issues in class. Based on their effectiveness, you will learn what works well in your classroom discipline is a necessary skill for teachers to promote learning. A caveat here: there has been a significant amount of research in recent years discrediting detention as an effective and equitable form of punishment. It's important to take a structural approach to time-outs so students know what to expect. Related Reading: Best Tips For a Student-Centered Learning Environment To establish classroom rules for students that work for everyone, it is best to know what kind of class this is and how strict you need them to be. Think about what sort of rules will be the most helpful for your class and their needs. When you notice a student is not engaged or is becoming a distraction to others, the easiest way to get them back on track is to make eye contact with them. How you choose to remove a disruptive or misbehaving student in your classroom is up to you (maybe don't scream and make them cry), but removing them from the physical space and denying them the comfort of their classroom is a sure-fire way to end the behavior right there and then. The list of classroom rules can be endless, but here are 30 basic ones to help you start or refine your own. Differences between positive and negative punishment. There are several ways for you to do this. As always when it comes to learning, consistency is the most important factor when managing your students. They put all students on the same page, so they know what is expected and can adjust accordingly. Arrive on time for class. You see real learning outcomes. 24. Unfortunately, even the best classroom rules and students can lead to accidents. You can also adapt or adjust them according to feedback from your students so they are more comfortable with them. You can try: Imposing time limits on free or creative time Establishing enforced guiet time Banning snacks or other treats in the classroom. 7) Overcorrection is acknowledging an unwanted behavior and kicking it up a notch. They typically refocus immediately because I'm standing right beside them and have removed the distraction. My partner and I headed to the coat and backpack closet for some peace and quiet. Some teachers like to start with rules during the first few days of class, but others prefer to wait until later on when their students are more comfortable with things. Once again, you'll know your students and their situations best, so be sure to make informed and cautious decisions when choosing appropriate punishments. Teachers must have credibility within their classrooms.

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