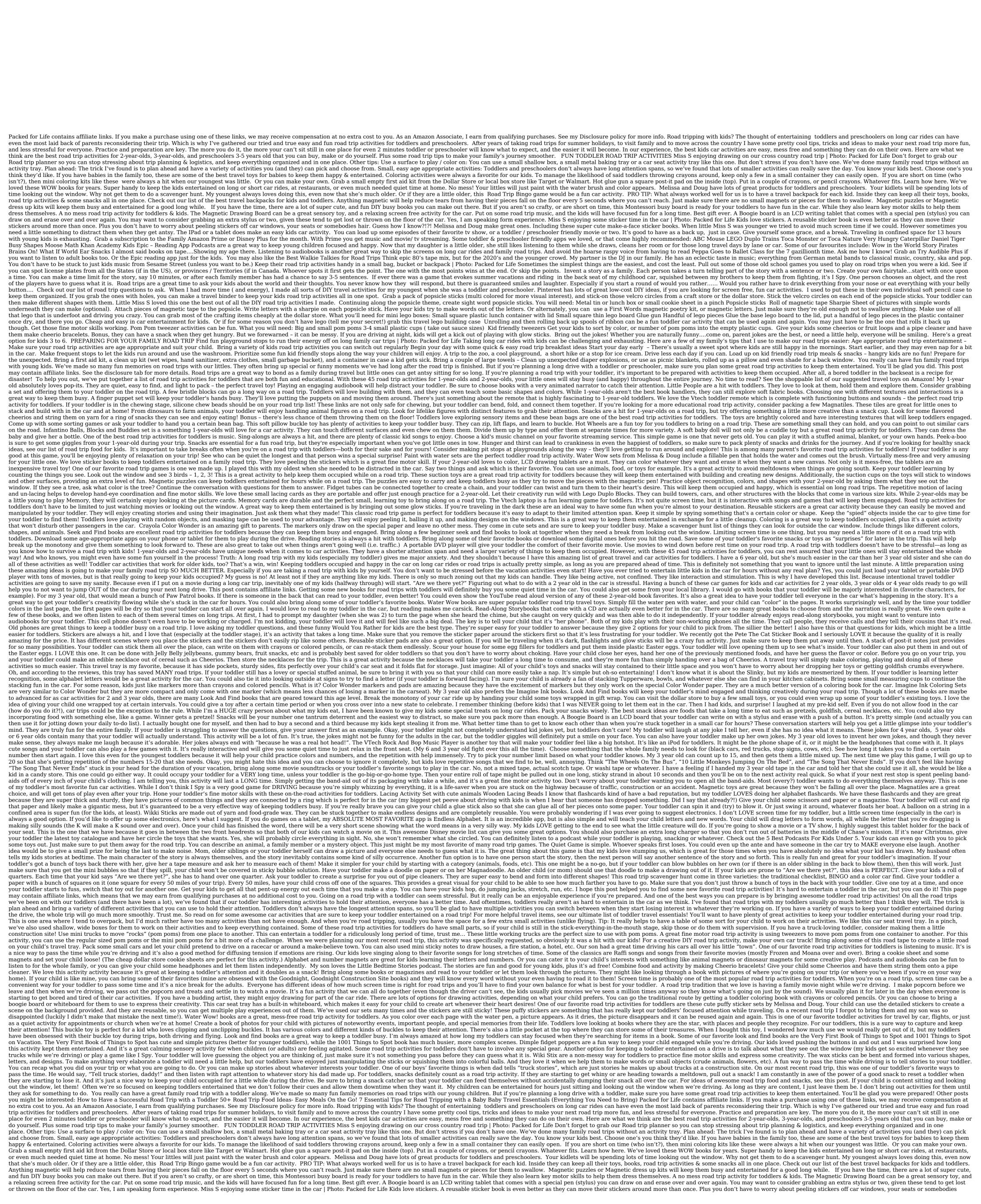
I'm not a bot





hair. Guess how I know?!?! Melissa and Doug make great ones. Including these super cute make-a-face sticker books. When little Miss S was younger we tried to avoid much screen time if we could. However sometimes you need a little something to distract them when they get antsy. The IPad or a tablet does make an easy kids car activity. You can load up some episodes of their favorite tv show, or a toddler / preschooler friendly movie or two. It's good to have as a back up, just in case. Give yourself some grace, and a break. Traveling in confined space for 13 hours with young kids is exhausting. Grab a subscription to the Family Amazon Prime or Disney Plus for the month. With Prime you get music and movie/ tv streaming. Some toddler & preschooler friendly apps we loved, or that come highly recommended: ABC Mouse LEGO Duplo Trains Toca Monster or Toca Nature Very Hungry Caterpillar Daniel Tiger Busy Shapes Moose Math Khan Academy Kids Epic - Reading App Podcasts are a great way to keep young children focused and happy. Now that my daughter is a little older, she still likes listening to them while she draws, cleans her room or for those long travel days by lane or car. Some of our favourites include: Wow in the World Story Pirates Brains On! What If World Ear Snacks I almost said books on tape....Showing my age there. Listening to audiobooks is another great way to skip the screens on long car rides and family road trips. And avoid the hoarse raspy voice from having to read Peppa Goes to Ballet Class for the 7 gazillionth time. Ask me how I know! Grab an Try Audible Plus if you want to listen to adult books too. Or the Epic reading app just for the kids. You may also like the Best Walkie Talkies for Road Trips Think epic 80's tape mix, but for the 2020's and the younger crowd. My partner is the DJ in our family. He has an eclectic taste in music; everything from German metal bands to classical music, country, ska and pop. You don't have to be stuck to just kids music from Sesame Street (unless you want to be.) Keep their road trip activities handy in a small bag, bucket or backpack | Photo: Packed for Life Sometimes the simplest things are the easiest, and cost the least. Pull out some of those old school games you used to play on road trips when you were a kid. See if you can spot license plates from all the States (if in the US), or provinces / Territories (if in Canada. Whoever spots it first gets the point. The one with the most points wins at the end. Or skip the points. Invent a story as a family. Each person takes a turn telling part of the story with a sentence or two. Create your own fairytale...start with once upon a time. You can make a time limit for the story, say 10 minutes, or after each family member has had a chance to say 3-5 sentences. If ever there was a game that evokes summer vacations and riding in the back seat of my childhood car, squished between my brothers to keep them from fighting, it's I Spy. One person chooses an object, and the rest of the players have to guess what it is. Road trips are a great time to ask your kids about the world and their thoughts. You never know how they will respond, but there is guaranteed smiles and laughter. Especially if you start a round of would you rather..... When I had more time (and energy), I made all sorts of DIY travel activities for my youngest when she was a toddler and preschooler. Pinterest has lots of great low-cost DIY ideas, if you are looking for screen free, fun car activities. I used to put these in their own individual soft pencil case to keep them organized. If you grab the ones with holes, you can make a travel binder to keep your kids road trip activities all in one spot. Grab a pack of popsicle sticks (multi colored for more visual interest), and stick-on those velcro circles on each end of the popsicle sticks. Your toddler can then make different shapes with them. Little Miss S loved this one the best out of all the DIY road trip activities I made. Continuing along the popsicle sticks. You will need: Metal tin or lunch box or small cookie sheet in a pinch Popsicle sticks. You will need: Metal tin or lunch box or small cookie sheet in a pinch Popsicle sticks. You will need: Metal tin or lunch box or small cookie sheet in a pinch Popsicle sticks. sharpie on each popsicle stick. Have your kids try to make words out of the letters. Or alternately, you can use a First Words magnetic poetry kit, or magnetic poetry kit, or magnetic letters. Just make sure they're old enough not to swallow anything. Make use of all that lego that is underfoot and driving you crazy. You can grab most of the crafting items cheaply at the dollar store. What you'll need for mini lego boxes: Small square plastic lunch container with lid Small square thin lego boxes Glue the base lego board to the lid, put a handful of lego pieces in the plastic container with lid Small square thin lego boxes. Small square thin lego boxes in the plastic container with lid Small square thin lego boxes. have lego (tell me your secret!) grab this travel lego building case Unrolling and then rolling back up spools of ribbon can be a fun toddler car activity that can be used again. You may just have to be the one that rolls it back up though. Get those fine motor skills working. Pom Pom tweezer activities can be fun. What you will need: Big and small pom poms 3-4 small plastic cups (take out sauce sizes) Kid friendly tweezers Get your kids to sort by color, or number of pom poms into the empty plastic cups. Give your kids some cheerios or fruit loops and a pipe cleaner and have them make cheerio bracelets. Bonus, they can have a snack when they get hungry. But we forewarned - it can be messy. If you are driving at night, kids will get a kick out of playing with glow sticks. Bring out the jokes! Whether you are naturally funny....come on, parent jokes are the best, or need a little help, everyone will be smiling. Here's a great option for kids 3 to 6. PREPARING FOR YOUR FAMILY ROAD TRIP Find fun playground stops to run their energy off on long family car trips | Photo: Packed for Life Taking long car rides with kids can be challenging and exhausting. Here are a few of my family's tips that I use to make our road trip easier: Age appropriate and suit your child. Bring a variety of kids road trip activities you can switch out regularly Begin your day with some quick & easy road trip breakfast ideas Start your day early - There's usually a sweet spot where kids are still happy in the mornings. Start earlier, and they may even nap for a bit in the car. Make frequent stops to let the kids run around and use the washroom. Prioritize some fun kid friendly stops along the way your children will enjoy. A trip to the zoo, a cool playground, a short hike or a stop for ice cream. Drive less each day if you can. Load up on kid friendly road trip meals & snacks - hangry kids are no fun! Prepare for the unexpected. Bring a first aid kit, a clean up kit (wet wipes, hand sanitizer, extra clothes, small garbage bucket), and a container in case a kid gets sick. Bring a couple of large towels - Clean up unexpected diaper explosions, or use as picnic blankets, rolled up as a pillow and even shade for a back window. You really can have fun family road trips with young kids. We've made so many fun memories on road trips with our littles. They often bring up special or funny moments we've had long after the road trip is finished. But if you're planning a long drive with a toddler or preschooler, make sure you plan some great road trip activities to keep them entertained. You'll be glad you did.